



GULF SOUTH CONFERENCE

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GSC ANNOUNCES 2009 MEN'S BASKETBALL AWARDS

Birmingham, AL—The Gulf South Conference is proud to announce its All-GSC Men's Basketball honors for the 2008-09 season.

New faces headline the squad with only one returning First Teamer and two Second Team returnees.

Christian Brothers forward Nick Kohs returns from last year's West Division First Team and leads the Buccaneers' sweep of individual accolades. Kohs was also named the GSC West Division Player of the Year becoming CBU's first-ever winner.

Bucs' Head Coach Mike Nienaber took home his second West Division Coach of the Year laurel in three seasons after leading the school to their first-ever No. 1 seed in the Conference Tournament. **Guard Scott Dean** continued Christian Brothers' success in the West Division Freshman of the Year voting, becoming the fourth CBU newcomer to claim honors in five seasons.

North Alabama provided the East Division Player of the Year for the second consecutive year when guard Kenny Johnson was tabbed the top player following former teammate Casey Holt.

Valdosta State Head Coach Mike Helfer collected his first-ever East Division Coach of the Year accolade after leading the Blazers to the East Division Crown. **Alabama-Huntsville guard Josh Magette** was named East Division Freshman of the Year, becoming the Chargers' first newcomer winner since 2005-06.

North Alabama forward Thomas Fraise makes the jump from last year's Second Team, while **West Georgia guard Doug Daniels** and **Harding guard Trent Morgan** return to this season's Second Team

All-GSC First and Second Teams On Next Page

2008-09 ALL-GSC MEN'S BASKETBALL FIRST TEAM**EAST DIVISION**

POS	NAME	SCHOOL	YR	HT	WT	HOMETOWN
C	Cody Jones	Alabama-Huntsville	JR	6-7	220	Chunubusco, IN
G	Freddy Little	Montevallo	JR	6-0	160	Raleigh, NC
G	Kenny Johnson	North Alabama	SR	5-11	160	Plaquemine, LA
F	*Thomas Fraise	North Alabama	SR	6-6	300	New Orleans, LA
F	Tyrone Curnell	Valdosta State	JR	6-7	227	Ocoee, FL
F	Jason Swanson	West Alabama	JR	6-7	215	Troy, AL

East Division Player of the Year: G, Kenny Johnson, North Alabama

East Division Freshman of the Year: G, Josh Magette, Alabama-Huntsville

East Division GSC Coach of the Year: Mike Helfer, Valdosta State

WEST DIVISION

POS	NAME	SCHOOL	YR	HT	WT	HOMETOWN
C	Thiago Cordeiro	Arkansas Tech	SR	6-10	230	Recife, Brazil
G	Chad Henderson	Arkansas Tech	SR	6-2	195	Memphis, TN
C	!Nick Kohs	Christian Brothers	SR	6-8	225	Cincinnati, OH
G	Reggie Peyton	Christian Brothers	SR	6-0	180	Memphis, TN
G	Chad Akins	Delta State	JR	6-2	185	Madison, MS

West Division Player of the Year: C, Nick Kohs, Christian Brothers

West Division Freshman of the Year: G, Scott Dennis, Christian Brothers

West Division GSC Coach of the Year: Mike Nienaber, Christian Brothers

!—2007-08 First Team All-GSC; *—2007-08 Second Team All-GSC

2008-09 ALL-GSC MEN'S BASKETBALL SECOND TEAM**EAST DIVISION**

POS	NAME	SCHOOL	YR	HT	WT	HOMETOWN
F	Nate Flowers	Montevallo	JR	6-5	225	Waldorf, MD
G	Ricardo Lewis	Valdosta State	JR	6-0	192	Lake Weir, FL
C	Charles Bouie	West Florida	SR	6-7	205	Pahokee, FL
G	*Doug Daniels	West Georgia	SR	6-3	180	Vallejo, CA
F	John Pringle	West Georgia	JR	6-7	210	Newark, NJ

WEST DIVISION

POS	NAME	SCHOOL	YR	HT	WT	HOMETOWN
F	Alton Robinson	Delta State	SR	6-7	215	Hattiesburg, MS
G	Eric Spencer	Delta State	JR	6-5	190	Marion, AR
F	Kevin Brown	Harding	SO	6-4	210	Hughes, AR
G	*Trent Morgan	Harding	JR	6-2	195	Little Rock, AR
G	Rowan Ledbetter	Ouachita Baptist	SR	5-10	160	Little Rock, AR

*—2007-08 Second Team All-GSC

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